What is self-quarantine vs self-isolation vs Stay Home/Stay Safe?

Self-quarantine is for individuals who have returned from international travel, a cruise or an infected area like NYC. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. Isolation separates sick people with a contagious disease from people who are not sick.

The recommendations are the same - STAY HOME!

- DO NOT leave home except to get medical care
- DO NOT go to work or public areas
- DO NOT allow visitors and limit the number of people in your household
- DO NOT handle pets or other animals
- DO NOT prepare or serve food to others
- DO NOT care for children if possible

The Stay Home/Stay Safe order allows you to leave home only for essential reasons, critical to health and safety.