

Can I travel across state lines? Who can travel to Vermont?

Find the latest guidance for traveling to Vermont

<https://www.healthvermont.gov/response/coronavirus-covid-19/traveling-vermont>

If you are required to quarantine volunteers are available to deliver food and supplies to your door. To request this assistance, call **802-457-7516**.

[This table](#) explains the difference between isolation, quarantine, and self-observation